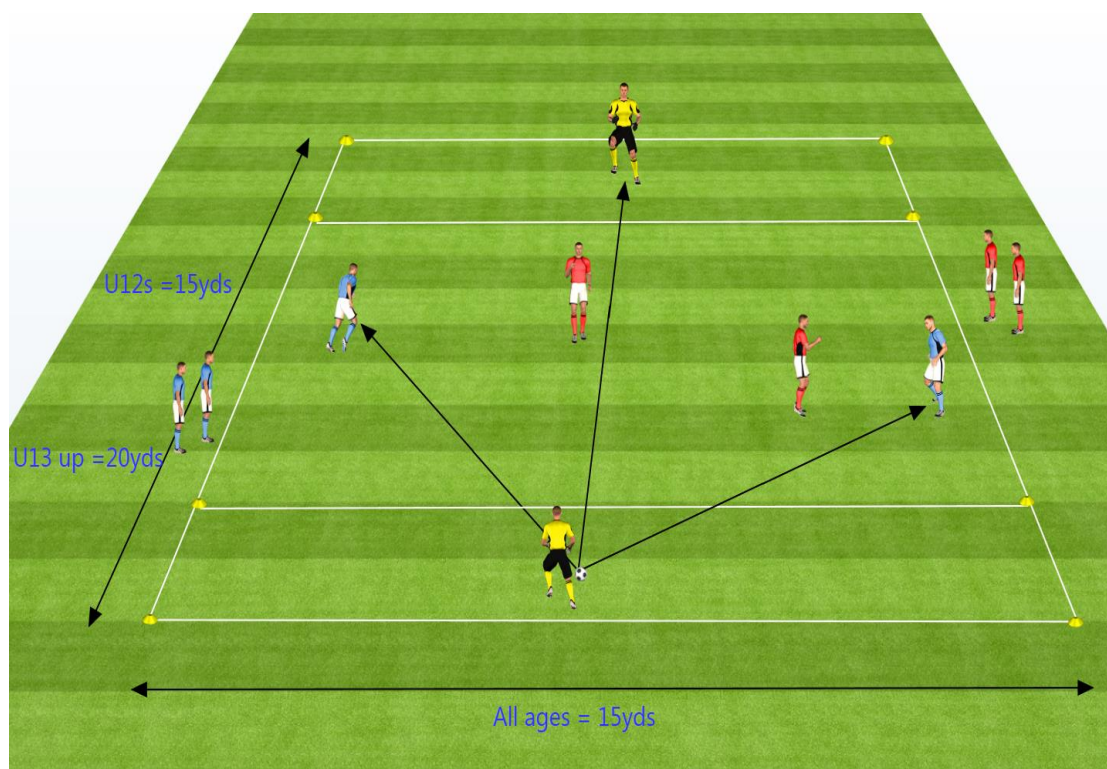


Playing Out from the Back

Practice Objective

🏆 This practice is a great small-sided soccer game that focuses on passing & goalkeeping in numbers up situations.

🏆 This is a fun drill and the kids will love it!



Organisation:

- 🏆 15 x 15yd grid (15 x 20)
- 🏆 Small 3yd channel at each end
- 🏆 Two teams of 6 players, bibbed

Instructions:

- 🏆 4 v 2 game possession game (Both GKs play for the team in possession)
- 🏆 Each team swap with watching players when goal scored.
- 🏆 No team to play for more than 2 minutes.
- 🏆 Only the GK can play in the end zone.
- 🏆 Team looks to score a point by playing from one keeper to the other and back again.

Coaching Points:

- 🏆 Identify passing options
- 🏆 Get under ball to support
- 🏆 Play ball early if pass on

Variations (C.H.A.N.G.E.I.T):

- 🏆 Limit GK to only have 3 secs in possession
- 🏆 Limit GK to 2 touch